



RESIDENT ROAD ACCESS INFORMATION – SUNDAY 11TH SEPTEMBER 2016

PLAN AHEAD

Temporary road closures will be in place on IRONMAN 70.3 Weymouth & IRONMAN Weymouth race day (Sunday 11th September 2016) to ensure the safety of athletes and the public. These legal road closures are implemented under the Road Traffic Regulation (Special Events) Act 1994, and apply to all vehicles and bikes that are not involved in the event.

- The event duration is from 07:00 – 18:00. During this time, the area on and around the bike course will be affected.
- Residents and businesses are advised to take the following in to consideration when planning their journeys, and plan ahead for alternative parking locations or travel times.
- Please avoid parking on the bike course for safety reasons.
- Pedestrians can cross the course at any time when safe to do so.
- Essential access for carers will be facilitated.
- Contact weymouth@ironmanroadaccess.com or call 03330 11 66 00
- More information on www.ironman.com/weymouth
- There are NO RESTRICTIONS at any time to the emergency services.

Overcombe and Bowleaze

The bike course will pass through the centre of Overcombe along the B3155 and continue on Preston Road (A353) towards Preston.

Access Advice for Overcombe Roundabout to Chalbury Roundabout

- × 08:30 – 09:45 Fully closed with no vehicle access
- ✓ 09:45 – 10:30 Managed vehicle access for residents and businesses
- × 10:30 – 13:00 Fully closed with no vehicle access
- ✓ 13:00 – 18:00 Managed vehicle access for residents and businesses

Preston Beach Road

Access Advice for Melcombe Avenue to Overcombe Roundabout:

- × 07:00 – 18:00 This road will be fully closed between in both directions

Preston and Sutton Poyntz

The bike course will pass through the centre of Preston along the A353 towards Osmington.

Access Advice:

- × 07:00 – 14:30 the A353 will be closed Eastbound
- ✓ 14:30 the A353 Eastbound will reopen fully
- ✓ All day one-way access Westbound will be maintained
- ⌚ Peak times are 07:30 – 09:00 and 11:30 – 13:00
- × Avoid peak times as long delays may occur as traffic needs to cross the bike course at Chalbury Roundabout.
- ✓ All day access North is available through Sutton Poyntz

Osmington and Osmington Mills

The bike course will pass through central Osmington along the A353 towards Poxwell.

Access Advice:

- × 07:00 – 14:30 the A353 will be closed Eastbound
- ✓ 14:30 the A353 Eastbound will reopen fully
- ✓ All day one-way access Westbound will be maintained
- ⌚ Peak times are 07:40 – 09:10 and 11:30 – 13:00
- × Avoid peak times as long delays may occur as traffic needs to cross the bike course at Chalbury Roundabout
- ✓ All day access North is available through Sutton Poyntz



Poxwell and Ringstead

The bike course will pass through the centre of Poxwell on the A353 Northbound and will continue north across the roundabout towards Warmwell.

Access Advice:

- × 07:00 – 14:30 the A353 will be closed Eastbound
- ✓ 14:30 the A353 Eastbound will reopen fully
- ✓ All day one-way access Westbound will be maintained
- ⌚ Peak times are 07:45 – 09:30 and 11:30 – 13:00
- × Avoid peak times as long delays may occur as traffic needs to cross the bike course at Chalbury Roundabout.
- ✓ There will be access into Poxwell off the A352 from the Warmwell Roundabout following a one-way system
- ✓ Please contact IRONMAN direct to discuss arrangements for leaving Poxwell (03330 11 66 00)

Warmwell Cross Roundabout

The bike course will pass through the Warmwell Cross Roundabout from the south (A353) to the north towards Warmwell.

Access Advice:

- × 07:00 – 15:00 no access Westbound on the A352 and no access through Warmwell Cross Roundabout

Warmwell

The bike course will continue North on the B3390 towards Crossways.

Access Advice:

- × 07:00 – 15:00 the B3390 Northbound will be closed
- ✓ All day access Southbound will be maintained
- ✓ All day access to the A352 eastbound to wool will be available

Owermoine

The bike course does not pass through Owermoine but continues North on the B3390 towards Crossways.

Access Advice:

- × 07:00 – 15:00 no access Westbound on the A352 and no access through Warmwell Cross Roundabout

Crossways

The bike course will continue North on the B3390 towards Crossways before making a right turn onto Redbridge Road, followed by a left turn north to join Station road. Bikes will re-join the B3390 heading north.

Access Advice:

- × 07:00 – 15:00 the course will be fully closed from exiting the B3390 to re-joining the B3390.
- ✓ All day access West to the A35 at the Stinsford Junction via Lewell
- ✓ All day access East and South via Moigne Combe / Moreton Road to the A352

Moreton Train Station

Residents East of the bike course are advised to use Wool station and residents West can access Moreton Train Station via Crossways Roundabout through managed access.

Access Advice:

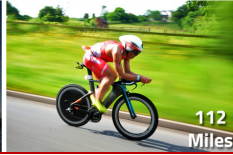
- × Avoid peak times to avoid long delays in crossing the bike course on the B3390
- ⌚ Peak times are 08:00 – 10:00 and 12:00 – 14:00
- ✓ It is advised to use an alternative train station if possible

Higher Woodsford, Lewell, West Stafford

The bike course travels North on the B3390.

Access Advice:

- × 07:00 – 15:00 limited access East. Expect long delays as journey would need to cross the bike course
- ✓ All day access West to the A35 at the Stinsford Junction via Lewell



Moreton

The bike course will continue North on the B3390 towards Crossways before making a right turn onto Redbridge Road, followed by a left turn north to join Station road. Bikes will re-join the B3390 heading north. This part of the course will be fully closed.

Access Advice:

- × 07:00 – 15:00 No immediate access West
- ✓ All day access maintained from the East

Pallington Heath, Tincleton, Islington, Bockhampton

The bike course travels North on the B3390. This part of the course will be fully closed.

Access Advice:

- × 07:00 – 15:30 Limited access East
- ✓ All day access maintained West to the A35 at the Stinsford Junction or via Cuckoo Lane.

Affpuddle

The bike course will continue along the B3390 before turning left onto Dorchester Road towards Tolpuddle.

Access Advice:

- × 07:00 – 15:30 B3390 fully closed
- ✓ Residents on the West of the B3390 should travel to Tolpuddle to join a one-way system Eastbound to the A35
- ✓ Residents to the East of the B3390 can travel via Briantspuddle

Briantspuddle, Turnerspuddle, Throop

The bike course will continue along the B3390 before turning left onto Dorchester Road towards Tolpuddle.

Access Advice:

- × 07:30 – 15:30 B3390 fully closed and no access West via the B3390
- ✓ Access West all day via Bere Regis / A35
- ✓ All day access maintained to the East

Tolpuddle, Burleston, Athelhampton

The bike course passes through the centre of Tolpuddle, Burleston and Athelhampton along Dorchester Road / Athelhampton Road towards Puddletown.

Access Advice:

- × 07:30 – 15:30 closed Westbound
- ✓ 07:30 – 15:30 one-way system running Eastbound from Puddletown, through Tolpuddle along Dorchester Road to the A35
- × 07:30 – 15:30 parking restrictions on both sides of Athelhampton and Dorchester Road

Puddletown

The bike course follows the High Street through the centre of Puddletown before taking a right turn onto Blandford Road / The Moor. The bikes will continue onto the A354 roundabouts and turn left onto the B3142 towards Waterston.

Access Advice:

- × 07:30 – 15:30 closed Westbound and Northbound
- ✓ 07:30 – 15:30 one-way system running Eastbound from Puddletown, through Tolpuddle along Dorchester Road to the A35
- × 07:30 – 15:30 parking restrictions on both sides of Athelhampton and Dorchester Road
- × 07:30 – 15:30 access to Puddletown, Greenacres, Kings Mead, New Street, Coombe Road, The Green and Mill Street from A35 via Kingston Maurward Roundabout, Bockhampton, Rhododendron Mile.

Piddletrenthide, Plush, Alton Pancras, Henley, Buckland Newton

The bike course follows the B3142 (Waterston Lane) through Waterston before turning right onto the B3143 towards Piddlehinton.

Access Advice:

- ✓ 07:45 – 16:00 access North through to Sherbourne
- ✓ 07:30 – 15:30 access South, divert at Piddtrentnhide, via Drakes Lane Eastbound through to A354



Waterston and Piddlehinton

The bike course follows the B3142 (Waterston Lane) through Waterston before turning right onto the B3143 towards Piddlehinton. Following the B3143 (Church Hill) North the course takes a sharp left turn onto Rectory Road, followed by a right turn, north onto the C12 towards Cosmore.

Access Advice:

- × 07:45 – 16:00 The B3142, B3143, Rectory Lane and C12 sections of the bike course will be fully closed roads
- ✓ 07:45 – 16:30 access to the A35 via Chesel Bourne to the A354
- × 07:45 – 16:30 parking restrictions on both sides of Church Hill

Cosmore

The bike course continues along the C12 / Gales Hill onto Revels Hill and Tiley Knap before taking a left turn onto the A352 southbound.

Access Advice:

- × 08:00 – 16:45 The C12 / Gales Hill, Revels Hill and Tiley Knap sections of the bike course will be fully closed roads
- ✓ Please contact IRONMAN direct to discuss arrangements for leaving Cosmore (03330 11 66 00)

Buckland Newton and Duntish

The bike course continues along the C12 / Gales Hill onto Revels Hill and Tiley Knap before taking a left turn onto the A352 southbound.

Access Advice:

- × 08:00 – 16:45 The C12 / Gales Hill, Revels Hill and Tiley Knap sections of the bike course will be fully closed roads
- × 08:00 – 16:45 No direct access West on to the C12
- ✓ All day full access north and east

Middlemarsh

The bike course continues along the C12 / Gales Hill onto Revels Hill and Tiley Knap before taking a left turn onto the A352 southbound.

Access Advice:

- × 08:00 – 16:45 The C12 / Gales Hill, Revels Hill and Tiley Knap sections of the bike course will be fully closed roads
- × 08:00 – 16:45 No direct access South on to the C12 or A352
- ✓ All day full access north

Cerne Abbas

The bike course continues to follow the A352 south towards Charlton Down.

Access Advice:

- × 08:30 – 17:00 A352 closed southbound
- ✓ 08:30 – 17:00 access in and out of Cerne Abbas using a crossing point on the A352 at Sydling Road / The Folly
- ✓ 08:30 – 17:00 access Northbound on the A352. This road will be subject to a 30mph speed limit
- × Avoid peak times to avoid long delays in crossing the bike course on the A352
- 🕒 Peak times are 09:30 – 11:30 and 13:00 – 14:30

Nether Cerne, Godmanstone, Forston

The bike course continues south on the A352 south towards Charlton Down.

Access Advice:

- × 08:30 – 17:00 A352 closed southbound
- ✓ 08:30 – 17:00 access Northbound on the A352 and subject to a 30mph speed limit

Charlton Down

The bike course turns left onto Herrison Road from the A352 through Charlton Down taking a right turn past Wolfedale Golf Course towards Charminster.

Access Advice:

- × 08:30 – 17:00 Fully closed roads with managed access along Herrison Road
- ✓ 08:30 – 17:00 access Northbound on the A352 and subject to a 30mph speed limit
- ✓ 08:30 – 17:00 Stop / Go operations and a one-way system for resident access and the Forston Clinic



Wolfedale Golf Course

The **bike course** travels south past Wolfedale Golf Course towards Charminster

Access Advice:

- × 08:30 – 17:00 Fully closed roads
- × Managed access using a Stop / Go system at Vicarage Lane, Charminster
- × Avoid peak times to avoid long delays in crossing the bike course
- 🕒 Peak times are 09:30 – 11:30 and 13:00 – 14:30

Charminster, Frome Whitfield

The **bike course** continues down Westleaze skirting Charminster, then taking a left through Frome Whitfield, before taking a right down Slyer's Lane onto London Road.

Access Advice:

- × 08:30 – 17:00 Westleaze to Slyers Lane and Slyers Lane sections of the bike course will be fully closed roads
- ✓ All day access West out of Charminster towards the A37
- ✓ All day managed access for residents living off of Westleaze North and then West out of Charminster
- × Avoid peak times to avoid long delays in crossing the bike course
- 🕒 Peak times are 09:45 – 11:30 and 13:30 – 14:45

Dorchester

Access Advice:

- ✓ 08:30 – 17:30 All day access via the A354 Stadium roundabout from the A35 Monkeys Jump roundabout

Lower Bockhampton, Higher Bockhampton, Whitcombe, Tincleton, West Stafford

Access Advice:

- ✓ 08:30 – 17:30 All day access to the A35 at the Stinsford roundabout or Cuckoo Lane

Fordington

The **bike course** leaves London Road and follows the B3143 South before joining the A352 South towards Broadmayne

Access Advice:

- × 08:30 – 17:30 Route closed Southbound
- ✓ All day access to Dorchester for residents West of the B3147
- ✓ 08:30 – 17:30 Access to A35 via the Stadium roundabout for clear access
- ✓ 08:30 – 17:30 Access for residents East of the B3143 will follow a one-way system north on the B3143
- × Avoid peak times to avoid long delays in crossing the bike course on the B3143
- 🕒 Peak times are 09:45 – 11:30 and 13:30 – 14:45
- ✓ Residents wanting to travel during peak times are advised to consider alternate parking to the West of the B3143 to allow free movement

Winterborne Came

The **bike course** continues down the A352 towards Broadmayne

Access Advice:

- × 08:30 – 17:30 A352 closed Southbound
- ✓ All day access West via Winterborne Herringston
- ✓ 08:30 – 17:30 access South via the A354

Whitcombe

The **bike course** continues down the A352 and makes a right into Whitcombe following the road South until it makes a right onto Chalky Lane

Access Advice:

- × 08:30 – 17:30 A352 closed Southbound
- × 08:30 – 17:30 fully closed road between A352 and Chalky Lane
- ✓ 08:30 – 17:30 resident access Northbound on the A352 on the one-way system, exiting West through Winterbourne Herringston



Came Down Golf Club

Access Advice:

- ✓ All day access is available from the North via Winterbourne Herrington

Broadmayne

Access Advice:

- ✓ All day access Northbound via Knighton Lane and to the A35 via the Stinsford Junction.
- × 08:30 - 17:30 access East will be managed via the Warmwell roundabout.
- × Avoid peak times to avoid long delays in crossing the bike course at the Warmwell roundabout
- 🕒 Peak times are 07:45 – 09:30 and 11:30 – 13:00

Bincombe and Bincombe Down

The bike course continues down Chalky Lane towards Bincombe Down before making a left onto Dorchester Road into Broadway.

Access Advice:

- × 08:30 - 17:30 Chalky Lane to Dorchester Road sections of the bike course will be fully closed roads
- × All day access to the A354 from the North of Bincombe

Upwey

The bike course travels south along Dorchester Road through Upwey turning left onto Littlemoor Road

Access Advice:

- × 08:30 - 17:30 road closed Southbound
- ✓ 08:30 - 17:30 access Northbound on Dorchester Road with a one-way system taking Elwell Street to Gould's Hill onto the A35
- ✓ 08:30 – 17:30 Access for residents East of Dorchester Road will need to cross the bike course and follow a one-way system north
- × Avoid peak times to avoid long delays in crossing the bike course on Dorchester Road
- 🕒 Peak times are 10:00 – 11:45 and 13:45 – 15:00
- ✓ Residents wanting to travel during peak times are advised to consider alternate parking to the West of Dorchester Road to allow free movement

Dorchester Road

The bike course travels south along Dorchester Road through Upwey turning left onto Littlemoor Road

Access Advice:

- × 08:30 - 17:30 road fully closed between the Littlemoor Road roundabout and Stottingway Street
- × 08:30 - 17:30 parking restrictions on both sides of Dorchester Road
- ✓ 08:30 - 17:30 access for residents on this section of the course will have managed access
- × Avoid peak times to avoid long delays in crossing the bike course on Dorchester Road
- 🕒 Peak times are 10:00 – 11:45 and 13:45 – 15:00
- ✓ Residents wanting to travel during peak times are advised to consider alternate parking outside of this section to allow free movement

Broadway

The bike course follows Dorchester Road into Broadway before taking a left onto Littlemoor Road until it re-joins the lapped course at the Chalbury roundabout

Access Advice:

- × 08:30 - 17:30 Littlemoor road closed Eastbound
- ✓ 08:30 - 17:30 access West via one-way system on Littlemoor road
- ✓ 08:30 - 17:30 access the South and Weymouth Relief Road by following the one-way system onto Littlemoor Road taking a left onto Dorchester Road Southbound.

Littlemoor

The bike course follows the A353 (Littlemoor Road) towards the Chalbury roundabout.

Access Advice:

- × 08:30 - 17:30 Littlemoor road closed Eastbound with one-way system to the West
- ✓ 08:30 - 17:30 access West via one-way system on Littlemoor road
- ✓ 12:00 - 17:30 return access for residents on this section of the course will have managed access



Sunday
11th September
2016

IRONMAN® WEYMOUTH AND IRONMAN® 70.3 WEYMOUTH will take place on Sunday the 11th of September. Over 1,800 athletes from more than 28 countries will compete in either the 70.3 distance of a 1.2-mile swim in Weymouth Bay, a 56-mile bike through the picturesque Dorchester countryside and a 13.1-mile run alongside the coast into Weymouth town centre. The full distance race sees athletes swim 2.4miles, cycle 112miles and finish with a 26.2mile run. This high profile event is part of a global series of races that will highlight the best of Weymouth and Dorchester on an international platform. **GET INVOLVED!** There are hundreds of opportunities for volunteers to get involved. See behind the scenes of a world class sports event, earn experience for your CV and help showcase the best of Weymouth. Sign up at www.ironman.com/weymouth